

October 2023

"Excellence is the Expectation"

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">2</p> <p>Bacon Cheeseburger 2 oz. M4095 Tuna Salad w/ Crackers M3595 Spicy Potato Wedges Corn on Cob, 3 in. USDA, MC1024 Tropical Fruit M6745 Fresh Oranges M6775 Milk, LF White 1/2 pt, PF M110 Milk, FF Choc 1/2 pt. Bo MS1700 Trimnings for Sandwich M8290</p>	<p style="text-align: right;">3</p> <p>Chili Cheese Corn Chips M1080 Tuna Salad Sandwich M4065 Mexicali Corn M6005 Green Beans, Canned, MS1036 Pineapple Tidbits M6890 Fruit Juice, Assort, 4oz M6640 Milk, LF White 1/2 pt, Bo MS1708 Milk, FF Choc 1/2 pt. Bo MS1700 Sauce, Taco. PC M8205</p>	<p style="text-align: right;">4</p> <p>Hot Dog WG M4230 Baked Potato with Marg, M6060 Potato Rounds, Baked M6095 Broccoli Cheese & Rice Cas MS1013 Pineapple Tidbits M6890 Fruit Juice, Frozen Cup M6650 Milk, FF Choc 1/2 pt. Bo MS1700 Milk, LF White 1/2 pt, Bo MS1708 Yellow Cake & Icing</p>	<p style="text-align: right;">5</p> <p>Spaghetti & Meat Sauce M1115.2 Chef Salad M3500 Green Beans, Canned, MS1036 Toast, Garlic WW M7115 Chilled Mandarin Oranges M6795 Fruit Crisp M7520 Milk, LF White 1/2 pt, Bo MS1708 Milk, FF Choc 1/2 pint PF M120 Saltine Crackers, ENR, CR M7020</p>	<p style="text-align: right;">6</p> <p>Mexican Pizza M2010 Tuna Salad Salad M3590 Potato Rounds, Baked M6095 Cheesy Califom Veggies M5790 Fruit Juice, Assort, 4oz M6640 Fresh Fruit Bowl Variety M6715 Milk, LF White 1/2 pt, PF M110 Milk, FF Choc 1/2 pint PF M120</p>
<p style="text-align: right;">9</p> <p style="text-align: center;">Holiday</p>	<p style="text-align: right;">10</p> <p style="text-align: center;">Holiday</p>	<p style="text-align: right;">11</p> <p>BBQ Rib on Hoagie Bun Chef Salad M3500 Mexicali Corn M6005 Baked Beans Vegetarian M5000 Fruit Juice, Assort, 4oz M6640 Fresh Apple M6510 Milk, LF White 1/2 pt, Bo MS1708 Milk, FF Choc 1/2 pt. Bo MS1700</p>	<p style="text-align: right;">12</p> <p>Beef Taco Soft Shell CR M1155 Tuna Salad w/ Crackers M3595 Glazed Carrots M5865 Rice, Fiesta, MS1345 Juice Box, Fruit Juice, Asst. Kiwi Wedges MS1228 Milk, LF White 1/2 pt, Bo MS1708 Milk, FF Choc 1/2 pt. Bo MS1700 Salsa, Portion CR M5945</p>	<p style="text-align: right;">13</p> <p>Ham & Cheese on Bun M4185 Chef Salad M3500 Chips, Fantastic Chili Cheese Fresh Grapes M6665 Fruit Juice, Assort, 4oz M6640 Carrots, Baby with Dip M5850 Milk, LF White 1/2 pt, Bo MS1708 Milk, FF Choc 1/2 pt. Bo MS1700 Saltine Crackers, ENR, CR M7020</p>
<p style="text-align: right;">16</p> <p>Steak Fingers, Baked M1045 Chef Salad M3500 Roll, Whole Wheat Pur 2oz M7140 Mashed Potatoes & Gravy Broccoli w/ Cheese Sauce M5595 Fruit Juice, Assort, 4oz M6640 Tropical Fruit M6745 Milk, FF Choc 1/2 pt. Bo MS1700 Milk, LF White 1/2 pt, Bo MS1708 Saltine Crackers, ENR, CR M7020</p>	<p style="text-align: right;">17</p> <p>Sloppy Joe on WW Bun M4085 Baked Potato with Marg, M6060 Spicy Potato Wedges California Vegetables M5785 Fresh Apple M6510 Fruit Juice, Assort, 4oz M6640 Milk, FF Choc 1/2 pt. Bo MS1700 Milk, LF White 1/2 pt, Bo MS1708</p>	<p style="text-align: right;">18</p> <p>Chicken Tenders Breaded M3190 Baked Potato with Marg, M6060 Roll, Whole Wheat Pur 1oz M7135 Macaroni and Cheese M7030 Green Peas, Canned M6035 Fruit Juice, Assort, 4oz M6640 Fruit Cocktail M6735 Milk, LF White 1/2 pt, Bo MS1708 Milk, FF Choc 1/2 pt. Bo MS1700</p>	<p style="text-align: right;">19</p> <p>Shepherd's Pie, MC174 Tuna Salad Salad M3590 Roll, Enriched Mer 2oz MS13 Green Beans, Canned, MS1036 Fresh Grapes M6665 Fruit Juice, Assort, 4oz M6640 Milk, LF White 1/2 pt, PF M110 Milk, FF Choc 1/2 pt. Bo MS1700 Saltine Crackers, ENR, CR M7020</p>	<p style="text-align: right;">20</p> <p>Fish Sandwich with Cheese M4170 Baked Potato with Marg, M6060 Crinkle Cut Fries Baked M6110 Fruitable Plus Vegetable Juice Strawberries, Frozen M6945 Chilled Pears Diced M6850 Milk, LF White 1/2 pt, Bo MS1708 Milk, FF Choc 1/2 pt. Bo MS1700 Ketchup PC M8000</p>

23

Corn Dog M4075
Tuna Salad Sandwich M4065
Baked Beans, Spice Blend M5540
Potato Rounds, Baked M6095
Fruit Juice, Assort, 4oz M6640
Fruit Slushes FRZ, Pouch M6655
Milk, LF White 1/2 pt, BoMS 1708
Milk, FF Choc 1/2 pt, Bo MS 1700
Brownies, Mix MS1400

24

Chicken Tetrazzini, WG M3095
Tuna Salad Salad M3590
Green Peas, Canned M6035
Roll, Whole Wheat Pur2oz M7140
Fruit Juice, Assort, 4oz M6640
Fresh Strawberries M6930
Milk, LF White 1/2 pt, BoMS 1708
Milk, FF Choc 1/2 pt, Bo MS 1700

25

Pizza, Stuffed Crust M2040
Tuna Salad Salad M3590
Crinkle Cut Fries Baked M6110
Tossed Salad with Drsg M5660
Chilled Mandarin Oranges M6795
Fruit Juice, Assort, 4oz M6640
Milk, LF White 1/2 pt, BoMS 1708
Milk, FF Choc 1/2 pt, Bo MS 1700
Saltine Crackers, ENR, CR M7020

26

Red BeansCND/Rice/SausageM2550
Chef Salad, USDA Foods M3500.1
Cornbread 1 WG M7050
Carrot Souffle M5860
Fresh Fruit Bowl Variety M6715
Fruit Juice, Assort, 4oz M6640
Milk, LF White 1/2 pt, BoMS 1708
Milk, FF Choc 1/2 pt, Bo MS 1700
Saltine Crackers, ENR, CR M7020

27

Chicken Fried US M3040.1
Tuna Salad Salad M3590
Cornbread 2 WG M7055
Turnip Greens, Southern M5640
Chilled Peach Slices M6815
Veg Juice, 4 oz. Asst. M6190
Fruit Juice, Frozen Cup M6650
Milk, LF White 1/2 pt, BoMS 1708
Milk, FF Choc 1/2 pt, Bo MS 1700
Saltine Crackers, ENR, CR M7020

30

Chicken/Sausage JambalayaM3140
Grilled Chicken Salad M3555
Roll, Whole Wheat Pur2oz M7140
Whole Kernel Corn, CND M6010
California Vegetables M5785
Fruit Juice, Assort, 4oz M6640
Pineapple Tidbits M6890
Milk, FF Choc 1/2 pint PF M120
Milk, LF White 1/2 pt, PF M110
Saltine Crackers, ENR, CR M7020

31

Beef -A- Roni M1165
Chef Salad M3500
Toast, Garlic WW M7115
Lima Beans Dried, CND M5530
Glazed Carrots M5865
Fruit Juice, Assort, 4oz M6640
Chilled Pears Diced M6850
Milk, LF White 1/2 pt, BoMS 1708
Milk, FF Choc 1/2 pt, Bo MS 1700
Saltine Crackers, ENR, CR M7020

Only 1% low-fat and fat-free milk choices are offered.

Menus are subject to change due to the availability of food.

This institution is an equal opportunity provider.

Sep 18, 2023